



CONTENTS

Volume 12, Issue 1
March 2021

EDITORIAL

- 3** **Cognitive Impairments and Physical Frailty: Two Sides of the Same Coin?**
 Liang-Kung Chen

ORIGINAL ARTICLES

- 11** **Self-Healing in Post Cardiac Surgery Patients: A Qualitative Study**
 Ling Lin, Ling-Chun Lu, Hwei-Ling Chen, Jeng Wei, Heng-Hsin Tung, Yi-Chen Wu

- 19** **The Relationship Between Vitamin C and Frailty Among Elderly Patients with Type 2 Diabetes Mellitus**
 Maggi M. Shokry, Sarah A. Hamza, Nermeen T. Aly Fouad, Mona H. Mohammed, Walaa W. Aly

- 25** **Visceral Fat Thickness May be Useful in Determining Sarcopenia**
 Remzi Bahşi, Evren Üstüner, Volkan Atmış, Çağlar Coşardereioğlu, Deniz Mut Sürmeli, Hande Selvi Öztoran, Tuğba Turgut, Ahmet Yalçın, Murat Varlı, Sevgi Aras

CASE REPORT

- 28** **A Case of Delirium Induced by Milk-Alkali Syndrome in the Elderly**
 Shan Jiang, Nan Ge, Shuai Chen

LETTER TO THE EDITOR

- 30** **Health Tips to Prevent the Spread of COVID-19 to Nursing Homes**
 Aziz Kamran, Mahdi Naeim, Ali Rezaeisharif