The Asian Association for Frailty and Sarcopenia (AAFS) was founded to promote research efforts, both in Asia and internationally, relevant to frailty, sarcopenia and other age-related conditions, as well as servicing the healthcare needs of older people. The official AAFS journal is *Aging Medicine and Healthcare (AMH)*, formerly the *Journal of Clinical Gerontology and Geriatrics (JCGG)*, which was founded in 2010. *JCGG* was renamed *AMH* from 2019, to reflect a change to a more intensive focus on research topics including Aging Medicine, frailty, sarcopenia, and other age-related conditions, and healthcare services for older people. *AMH* also has the honor of being the official journal of the Taiwan Association for Integrated Care (TAIC), which promotes care integration for age-related conditions.

The principal aims of AMH include:

1. Disseminating professional perspectives on international advances in aging research
2. Promoting international collaboration in Aging Medicine
3. Facilitating the development of healthcare systems with a life-course approach
4. Encouraging international research collaboration Aging Medicine and related topics

To pursue this mission, the *AMH* covers topics that include, but are not limited to: aging medicine, healthy aging, and health service research for older adults, with a strong focus on the biology, and pathophysiology of frailty, sarcopenia and other age-related conditions, and therapeutic interventions for people with these conditions.

The *AMH* welcomes Reviews and Original Research articles, Brief Communications, Case Reports, and Letters to the Editor.

Benefits for authors
As an Open Access journal, *AMH* offers authors many benefits, such as free PDFs, a liberal copyright policy, and much more. Please see About Open Access for more information.

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