

CONTENT

Keynote Abstracts

- 01 **KN01** Hidden Faces of Sarcopenia on Skeletal Muscles
- 01 **KN02** Sarcopenia in Arenas Other Than Aging
- 01 **KN03** Physio-Cognitive Decline Syndrome: A New Proposal
- 01 **KN04** Oral Frailty: Definition and Clinical Impacts
- 02 **KN05** The Updated European Definition of Sarcopenia (EWGSOP2)
- 02 **KN06** Bone and Muscle as a Whole: Osteosarcopenia
- 02 **KN07** A Primary Care Approach to Frailty and Sarcopenia
- 02 **KN08** Can We Increase the Accuracy, Predictability of FRAIL Questionnaire and SARC-F Questionnaire for Community Dwelling Elderly?
- 03 **KN09** Nutritional Intervention for Sarcopenia
- 03 **KN10** Lifestyle Interventions for Frail Obese Older Adults
- 03 **KN11** Future Research of Frailty and Sarcopenia

Symposium Abstracts

Symposium 1: Muscle Quality in Aging

- 05 Muscle Quality in Aging and Sarcopenia
- 05 Muscle Mass Measurement Using Ultrasonography: Development of a New Device that Assesses Wide Cross-Sectional Areas of the Thigh Muscle
- 05 Comparative Proteomic Profiling in Aging Muscle

Symposium 2: Social Dimensions of Frailty

- 05 Social Frailty and Its Impact on Disability
- 06 Air Pollution and Frailty
- 06 Synergistic Effect of Weakness and Malnutrition of Older Adults

Symposium 3: Assessment for Frailty

- 06 Polypharmacy and Frailty
- 06 Medical System Construction for Frailty Management
- 07 Multimorbidity Frailty Index: Hypothesis- and Data-Driven Approach

Symposium 4: Intervention for Frailty and Sarcopenia

- 07 Adherence to Community-Based Group Exercise for Sarcopenia: The KAFCs Study
- 07 Clinical Benefits of Integrated Intervention Program for Frailty
- 07 Clinical Impact and Underlying Mechanisms of Frailty & Sarcopenia Among Memory Clinic Populations

Symposium 5: Diagnosis and Intervention for Sarcopenia

- 08 Yubi-Waka (Finger-Ring) Test for Sarcopenia Diagnosis
- 08 Calf Circumference for the Sarcopenia Screening in Korean Older Adults
- 08 Case-Finding for Sarcopenia in Asia: A Systematic Review

Symposium 6: Diagnosis and Intervention for Sarcopenia

- 09 Role of Exercise on the Skeletal Muscle-Regenerative Actions in a Senescence-Accelerated Mouse Prone 10 (SAMP10)
- 09 Branched-Chain Amino Acids (BCAAs) for Sarcopenia
- 09 Metabolomic Profiles of Sarcopenia

Symposium 7: Molecular Mechanisms of Sarcopenia

- 09 Therapeutic Target for Sarcopenia: Mitochondrial Quality and Microenvironment
- 10 Role of Insulin Signaling on Sarcopenia
- 10 Molecular Regulation of Muscle Stem Cell Pool and Its Relationship with Sarcopenia

Symposium 8: Sarcopenia and Rehabilitation

- 10 Sarcopenic Dysphagia, Rehabilitation Nutrition and Rehabilitation Pharmacotherapy
- 10 Osteosarcopenic Obesity in Non-Frail Older Adults: Influence of Bone Mineral Density (BMD) Definition on Prevalence, Body Composition and Muscle Function
- 11 Cardiac Rehabilitation and Sarcopenia

Symposium 9: Sarcopenia and Cardiometabolic Health

- 11 Diabetes and Sarcopenia
- 11 Kidney and Sarcopenia
- 11 Cardiogenic Sarcopenia

Symposium 10: Frailty, Sarcopenia with Associated Conditions

- 12 Concept of Spinal Sarcopenia and Clinical Interventions
- 12 Association between Anemia and Sarcopenia
- 12 Osteosarcopenia and Its Outcomes in Taiwan

Symposium 11: Preventive Strategies in the Eating Ability of Older Adults

- 12 Oral Health Condition Affecting General Health Condition
- 12 Management of Oral Frailty-Sarcopenia during Dental Home Visit
- 13 Impact of Deterioration of Oral Health and Eating Function on the General Health and QOL

Symposium 12: Sarcopenic Dysphagia and Nutritional Intervention

- 13 Nutritional Intervention for Sarcopenia in Post-Acute and Rehabilitation
- 13 Masseter Muscle Mass, Frailty and Sarcopenia
- 13 Diet and Frailty

Symposium 13: Diet, Lifestyle and Sarcopenia

- 14 Taiwanese Eating Approach (TEA) to Manage Frailty and Sarcopenia
- 14 Frailty Prevention for the Taiwan Elderly through Home-Based Exercise, Nutrition and Combination Interventions
- 14 Tooth Loss, Protein Intake and Muscle Mass in Thai Elderly: The Possible Link

Symposium 14: Improving Diagnosis of Frailty and Sarcopenia

- 15 Automated Assessment of Physical Performance of Older Adults
- 15 Rapid Geriatric Assessment iPad Application: A Practical Way of Identifying Older Adults at Risk in Primary Care
- 15 Physical Frailty, Cognitive Function and Brain Structure

Poster Abstracts

- 17 **P01** Correlation of Foot Lesions with Reduced Grip Strength and Other Diabetic Complications in Older Diabetic Patients
- 17 **P02** Relationship between Diabetic Polyneuropathy and Sarcopenia in Elderly Patients with Type 2 Diabetes
- 17 **P03** Frail Phenotype Versus eGFR in Predicting Longitudinal Outcomes for Elderly with Chronic Kidney Disease
- 18 **P04** Effects of Exercise Therapy on Preventing Sarcopenia in Elder Individuals with Knee Osteoarthritis: A Systematic Review and Meta-Analysis of Randomized Controlled Trials
- 18 **P05** SPPB Predicts In-Hospital Physical Activity of Heart Failure Patients
- 18 **P06** Prevalence of Sarcopenia in Japanese Community-Dwelling Older Adults: According to EWGSOP2
- 19 **P07** Exogenous Delta-Like 1 Homolog (DLK1)-fc Treatment Protects Skeletal Muscle from Cardiotoxin-induced Degeneration
- 19 **P08** Sarcopenia in Community Dwelling Korean Older Adults with Diabetes: KFACTS
- 19 **P09** Are Subjective Masticatory Ability and Regular Dental Care to Mortality?
- 20 **P10** Serum Free Thyroxine Levels and Frailty in the Elderly: Korean Frailty and Aging Cohort Study
- 20 **P11** Leisure Activities and Resilience in Sarcopenia Geriatric Population with Heart Disease-A Trajectory Research
- 20 **P12** Physical Performance Tests as a Diagnostic Tools for Sarcopenia
- 21 **P13** Prevalence of Frailty and Its Associated Factors among Hemodialysis Patients

- 21 P14** Clinical Implications of Osteosarcopenia and Its Components in Community-Dwelling Older Adults
- 21 P15** Prognostic Significance of Preoperative CT-Determined Sarcopenia in Patients with Gastric Cancer Received Curative Intent Surgery
- 22 P16** Falls and Its Factors Association among the Hill Tribe Elderly Population
- 22 P17** Association between Hand Grip Strength, Gait Speed, Frailty Level and Fall Risk among the Community-Dwelling Older Adults in Northern Thailand
- 22 P18** Frailty Defined by 19 Items as a Predictor of Short-Term Functional Recovery in Patients with Hip Fracture
- 23 P19** Prevalence of Sarcopenia Defined Using the Asia Working Group for Sarcopenia Criteria in Japanese Community-Dwelling Older Adults: A Systematic Review and Meta-Analysis
- 23 P20** Prevalence of Sarcopenia in Community-Dwelling Older Adults Using the Definition of the European Working Group on Sarcopenia in Older People 2: Findings from the Korean Frailty and Aging Cohort Study
- 24 P21** Cognitive Profile of Motoric Cognitive Risk Syndrome in Korean Older Adults: Results from Korean Frailty and Aging Cohort Study (KFACS)
- 24 P22** Associations between Limits of Stability and Body Composition, Falls and Physical Performance with a Focus on Sarcopenia
- 24 P23** To Evaluate the Benefits of Nutritionally Balanced, "Ready-to-Eat" Texture-Modified Meals in Optimizing the Nutritional Intake of Older People with Risk of Sarcopenia
- 25 P24** Association between Red Cell Distribution Width and Frailty in Outpatients at a Frailty Clinic in Japan
- 25 P25** Preoperative Sarcopenia Screening for Gastric Cancer Patient
- 25 P26** Relationship between the Characteristics of Skeletal Muscle and Peak Cough Flow in Community-Dwelling Older Adults
- 26 P27** ERK Plays a Crucial Role in Maintenance of Stem/Progenitor Cell Pool in Postnatal Muscle
- 26 P28** Association between Neighborhood Environment and Physical Frailty in Community-Dwelling Older Adults: The Korean Frailty and Aging Cohort Study
- 27 P29** Rehabilitation Nutrition Care Process for Hip Fracture Post Lung Cancer Surgery: A Case Report
- 27 P30** The Effects of 12-Week Weight Bearing Exercise using Dumbbell on Elderly
- 27 P31** Promoting the Concept of Sarcopenia in Hong Kong with the Hong Kong Sarcopenia Guideline
- 28 P32** Prevalence and Characteristics of Physical Frailty among Community-Dwelling Korean Older Adults: Findings from the Korean Frailty and Aging Cohort Study
- 28 P33** Difference in Frailty and Its Components among Rural, Suburban, and Urban Dwelling Older Adults: Korean Frailty and Aging Cohort Study (KFACS)
- 28 P34** How Much Dose Edema Increase Calf Circumference in Muscle Mass Measurement?
- 29 P35** Correlation of Lumbar Multifidus with Parameters of Sagittal Balance and Sarcopenia in Elderly Women
- 29 P36** Association between Spatial-Temporal Gait Parameter and Frailty in Community-Dwelling Older People
- 30 P37** Effects of the Health Extension Program Using Broadcast Media on Community-Dwelling Elderly and the Relationship with Health Literacy
- 30 P38** Relationship between Protein Intake and Frailty in Community-Dwelling Older People: From the Nagoya Longitudinal Study for Healthy Elderly (NLS-HE)
- 30 P39** Effects of Exercise and Nutritional Intervention on Body Composition, Metabolic Health, and Physical Performance in Adults with Sarcopenic Obesity: A Meta-Analysis
- 31 P40** Effect of Long-Term Exercise in the Middle Age on Sarcopenia and Frailty: The Role of Ubiquitin-Proteasome Regulation in Mice Skeletal Muscles
- 31 P41** The Pattern of Changes in Muscle Mass Using Ultrasound Before and After Allogeneic Hematopoietic Stem Cell Transplantation; the Reliability and Validity of the Modality
- 31 P42** Diabetes Mellitus in Community-Dwelling Older Adults Is Associated with Decreased Walking Speed and Higher Prevalence of Dynapenia
- 32 P43** Effects of Comprehensive Geriatric Intervention on Oral Care and Dietary Habits among Community-Dwelling Older Adults
- 32 P44** Dietary Patterns and Sarcopenia Parameters in Community-Dwelling Japanese Elderly: A 3-Year Prospective Cohort Study
- 33 P45** IL-15R α Is Responsible for Translocation of IL-15, Anabolic Myokine, onto the Skeletal Muscle Cell Membrane Which Is Required for IL-15 Secretion
- 33 P46** Association between Muscle Strength and Silent Lacunar Infarcts: the Bunkyo Health Study
- 34 P47** Quality and Quantity of Muscle Based on Ultrasonography Images and Physical Performance in Community-Dwelling Older Adults: Involvement of Gender Differences
- 34 P48** Effect of Eccentric-Based Training on Physical Function and Single Muscle Fiber Contractile Properties in Older Adults
- 34 P49** Application of Diffuse Optical Spectroscopic Imaging for the Assessment of Local Body Composition in Normal Weight and Obese Individuals
- 35 P50** Effects of Whole Body Vibration Training Using Side-Alternating Vibration Platform with Tilt Table in Hospitalized Older Adults with Sarcopenia: A Randomized Controlled Pilot Study
- 35 P51** Relationship between Muscular Force Response and Frailty Using a Newly Developed Grip Strength Measuring Device
- 36 P52** Assessment of Muscle Quality and Quantity for Diagnosis of Sarcopenia Using Mid-Thigh CT Scan
- 36 P53** Assessment of Muscle Quality by Cross-Sectional Computed Tomography Scan of Quadriceps
- 36 P54** Patient-Centered Quality of Transitional Care for Hospitalized Patients and Its Influencing Factors
- 37 P55** The Correlation and Influence Factors of Physical Fitness and Nutritional Status in Home-Dwelling Seniors
- 37 P56** Development of a Frailty Phenotype Questionnaire for Use in Screening Community-Dwelling Older Adults
- 37 P57** The Prevalence and Outcome of Frailty and/or Sarcopenia in a Community Hospital Ward
- 38 P58** Frailty of COPD Patients at the Pulmonary Rehabilitation Clinic: An Exploratory Research in Validity of the Kihon Checklist (KCL) in Patients with Chronic Comorbidities for the Registry study at the Frailty Prevention Clinic in National Center for Geriatrics and Gerontology, Japan
- 38 P59** Sedentary Bouts Are Associated with Grip Strength in Type 2 Diabetes: A Cross-Sectional Study
- 39 P60** Relationships between Frailty and Disability in Community-Dwelling Older Adults: Korean Frailty and Aging Cohort Study
- 39 P61** Associations Reference of Malnutrition Prevalence Diagnosed According to Global Leadership Initiative on Malnutrition Criteria in the Elderly Requiring Care in Japan
- 39 P62** Cumulative and Incremental Value of Sarcopenia Components on Predicting Adverse Outcomes
- 40 P63** Early Geriatric Evaluation and Management Services Reduced In-Hospital Mortality Risk among Frail Oldest-Old Patients
- 40 P64** Would the New EWGSOP2 Classification Share the Same Effectiveness in Differentiating Adverse Outcomes?
- 40 P65** The Combined Effect of Physical Activity and Physical Function on Hospitalization in Older Adults