The Asian Association for Frailty and Sarcopenia (AAFS) was founded to promote research efforts, both in Asia and internationally, relevant to frailty, sarcopenia and other age-related conditions, as well as servicing the healthcare needs of older people. The official AAFS journal is Aging Medicine and Healthcare (AMH), formerly the Journal of Clinical Gerontology and Geriatrics (JCGG), which was founded in 2010. JCGG was renamed AMH from 2019, to reflect a change to a more intensive focus on research topics including Aging Medicine, frailty, sarcopenia, and other age-related conditions, and healthcare services for older people. AMH also has the honor of being the official journal of the Taiwan Association for Integrated Care (TAIC), which promotes care integration for age-related conditions.

The principal aims of AMH include:
1. Disseminating professional perspectives on international advances in aging research
2. Promoting international collaboration in Aging Medicine
3. Facilitating the development of healthcare systems with a life-course approach
4. Encouraging international research collaboration Aging Medicine and related topics

To pursue this mission, the AMH covers topics that include, but are not limited to: aging medicine, healthy aging, and health service research for older adults, with a strong focus on the biology, and pathophysiology of frailty, sarcopenia and other age-related conditions, and therapeutic interventions for people with these conditions.

The AMH welcomes Reviews and Original Research articles, Brief Communications, Case Reports, and Letters to the Editor.

Benefits for authors
As an Open Access journal, AMH offers authors many benefits, such as free PDFs, a liberal copyright policy, and much more. Please see About Open Access for more information.

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